**BUILD • YOUR • OWN**

Custom Wrap  5.90  
Custom Salad  7.70

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**CHOOSE A WRAP**
- Garlic Herb  300 Cal.
- Spinach  300 Cal.
- Tomato Basil  300 Cal.
- White  310 Cal.
- Honey Wheat  300 Cal.
- Jalapeno Cheddar  300 Cal.
- Gluten Sensitive Wrap  220 Cal.

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**CHOOSE GREENS**
- Romaine  2-40 Cal.
- Spinach  2-28 Cal.
- Mixed Greens  1-16 Cal.
- Shredded Lettuce  2-30 Cal.

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**CHOOSE FOUR TOPPINGS**
- Apples  116 Cal.
- Garbanzo Beans  60 Cal.
- Dill Pickles  5 Cal.
- Jalapenos  5 Cal.
- Corn  35 Cal.
- Hummus  Cal.
- Mandarin Oranges  35 Cal.
- Red Onion  10 Cal.
- Bell Peppers  8 Cal.
- Tomatoes  5 Cal.
- Cucumbers  5 Cal.

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**CHOOSE ONE PROTIEN**
- Crispy Chicken  319 Cal.
- Grilled Chicken  105 Cal.
- Sliced Turkey  90 Cal.
- Tuna  180 Cal.

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**CHOOSE ONE CHEESE**
- Asiago  55 Cal.
- Cheddar  55 Cal.
- Feta  15 Cal.
- Mozzarella & Provolone  55 Cal.

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**CHOOSE A SAUCE**
- Ranch  140 Cal.
- Buffalo Ranch  50 Cal.
- Chipotle Ranch  110 Cal.
- Balsamic Vinaigrette  120 Cal.
- Italian Lite  40 Cal.
- Caesar  150 Cal.
- Honey Mustard  130 Cal.
- Bleu Cheese  150 Cal.
- Raspberry Vinaigrette  120 Cal.

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**CHOOSE A CRUNCH**
- Dried Cranberries  35 Cal.
- Sunflower Seeds  40 Cal.
- Croutons  30 Cal.
- Chow Mein Noodles  60 Cal.
- Fried Onions  40 Cal.

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*PLEASE INFORM YOUR SERVER ABOUT ANY ALLERGIES YOU MAY HAVE.*

*2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.*