

# YOUR GUIDE TO EATING GREAT | 2025 – 26 ACADEMIC YEAR

## WELCOME TO A FRESH APPROACH!

### Campus dining is a big part of the college experience.

At AVI Fresh, our goal is to provide a variety of healthy foods, made from scratch, in a fun atmosphere. We work to enrich your dining experience by making it eventful and enjoyable.

We continuously adapt to keep pace with your ever-changing schedules, lifestyles, preferences and nutritional needs. We always encourage your involvement and input.

We offer a variety of meal plans to allow for flexible and convenient options for all students.

We look forward to serving you, and trust your academic year will be an exciting, rewarding and memorable experience.



### HOURS OF OPERATION

#### THE GRILLE DINING HALL

Monday – Friday	
Breakfast	7:30AM – 9:30AM
Continental	9:30AM – 10:30AM
Lunch	10:30AM – 1:30PM
Light Lunch	1:30PM – 4:30PM
Dinner M-TH	4:30PM – 7:30PM
(Friday)	4:30AM – 6:30PM
Saturday & Sunday	
Brunch	10:30AM – 1:30PM
Dinner	4:30PM – 6:30PM

#### GREY WOLVES CAFE

Monday – Thursday	7:30AM – 5:00PM
Friday	7:30AM – 1:30PM
Saturday & Sunday	Closed

### STAY CONNECTED



AVIFreshLourdes



AVIserves.com/Lourdes

# OVERVIEW OF MEAL PLANS | 2025 – 26 ACADEMIC YEAR

<b>19 MEAL PLAN</b>	19 meals per week includes \$100 in Flex Dollars
<b>15 MEAL PLAN</b>	15 meals per week includes \$75 in Flex Dollars
<b>10 MEAL PLAN</b>	10 meals per week includes \$50 in Flex Dollars
<b>COMMUTER STUDENT PLAN</b>	25 meal block
<b>Buffet To-Go!</b> Purchase a reusable take out container for only \$5.00!	

## ALLERGENS AND DIETARY PREFERENCES

If you have any allergens or dietary preferences that we should be aware of, please scan the QR code to Text the Manager! We want to ensure safe and delicious meals for all our students and staff! We also can provide you access to our campus dietitian that can help you find the perfect choices to fit your dietary needs.



## CONTACT INFORMATION

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