



SIGNATURE SMOOTHIES

Includes up to one add-in option | 100-360 cal.

Straw-Nana ^M

Banana, Strawberries, Apple Juice, Yogurt

Go Mango Go ^{S M}

Mango, Banana, Agave Nectar, Soy Milk, Yogurt

Smart Berry ^M

Strawberries, Blackberries, Blueberries, Agave Nectar, Orange Juice, Yogurt

Pacific Squeeze ^M

Pineapple, Banana, Peaches, Pineapple Juice, Orange Juice, Yogurt

Biggs' Best ^S

Banana, Mango, Cherries, Strawberries, Orange Juice, Apple Juice, Soy Milk

Cherry-Berry Blast ^M

Cherries, Banana, Blackberries, Spinach, Apple Juice, Yogurt

Green Power ^S

Banana, Cucumber, Spinach, Kale, Fresh Ginger, Orange Juice, Soy Milk

Create Your Own Smoothie

Includes up to two add-in options | 120-480 cal.

All Biggs Menu Items May Contain Milk and Soy Allergens

LG 7.50 ^X
SM 4.50 ^X

ADD-INS

Flaxseed 20 Cal	1.00
Chia Seeds 60 Cal	1.00
Pea Protein 35 Cal	1.00
Chocolate Whey ^M 60 Cal	1.00
Plain Whey Protein ^M 60 Cal	1.00
Hemp Fiber Powder 55 Cal	1.00
Fresh Ginger	.25

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness.

X = EXCHANGE

OPTION 1

SM Smoothie + Side

OPTION 2

LG Smoothie