

# CATERING

by AVI Fresh



*Fresh*

THE FAMILY DIFFERENCE IN HOSPITALITY SERVICES



# ORDERING GUIDELINES

AVI Fresh is excited to help make your event at Columbus State a memorable one.

A 72 hour advanced notice helps us to prepare your selections. If you need a rush order, please contact AVI Fresh Management for choices that may better accommodate your urgency.

In order to secure your menu choice, please verify payment for the event.

We require a 72 hour cancellation notice on any order.

On the day of your event, AVI Fresh staff will bring your food directly to your event to ensure your satisfaction.

Please note, a 18% Columbus State Catering Fee will be charged to all orders.

Linen fees as well as other additional rental fees may be included at the following rates:

Buffet Tables	13.50 each
Round Tables (85" x 85")	12.00 each
Round Tables (90" x 150")	15.00 each
Bartender Fee (each)	varies by event
Server Fee	varies by event
Floral Arrangements	varies by event

Orders can be placed by contacting our Catering Department via phone or email.

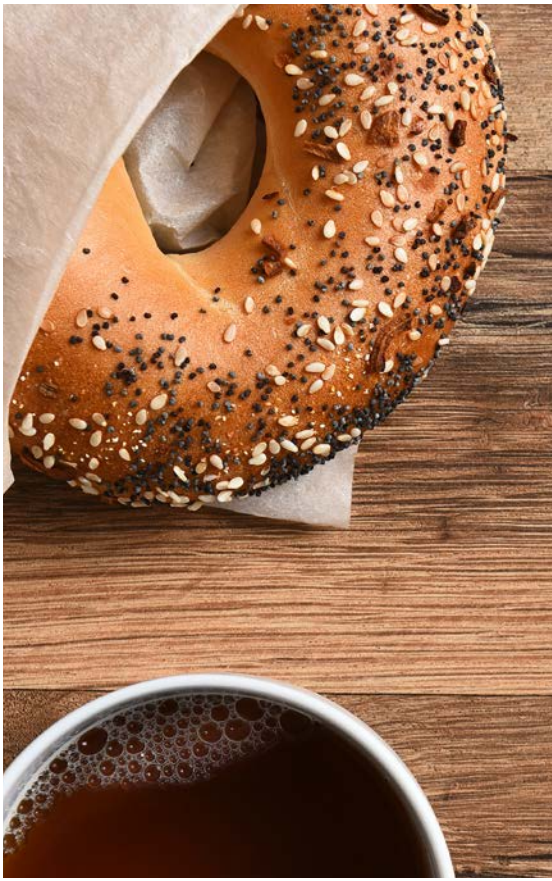
Phone: 614.287.2194

Email: [mholden@avifoodsystems.com](mailto:mholden@avifoodsystems.com)

Our catering menu contains our most popular options. We are happy to discuss customizing your menu if you are looking for alternate options.

If you have any questions regarding the AVI Fresh catering services at Columbus State, please contact our Director of Catering, Melissa Holden.





# BREAKFAST

Buffets are priced per person with a 15 person minimum

**PRESIDENTIAL BREAKFAST** 15.00  
Scrambled Eggs, Bacon or Sausage Links and Hash Browns.  
Assorted Pastries and Seasonal Fruit Bowl

**EXECUTIVE BREAKFAST** 12.00  
Scrambled Eggs with Cheese, Hash Browns  
and Seasonal Fruit Bowl

**THE COUGARETTE CONTINENTAL** 12.00  
Yogurt with Granola, Danish Display  
and Seasonal Fruit Bowl

**THE COUGAR CLASSIC CONTINENTAL** 10.00  
Assorted Muffins, Pastries and Seasonal Fruit Bowl

Add Additional Beverages to your Breakfast

Bottled Apple and Orange Juice	3.00 each
Bottled Water	1.50 each

**COFFEE SERVICE (COVERS 1 MEAL PERIOD)**  
Basic Coffee - Regular and Decaf 2.75 each  
Includes Cups, Creamer, Sugar, Stir Sticks

Full Coffee Service - Regular, Decaf and Hot Water 3.75 each  
Includes Tea Bags, Honey, Cups, Sleeves, Creamer,  
Sugar, Stir Sticks

**BREAKFAST PASTRIES**  
Fresh Baked Assorted Danish 1.50 each  
Mini Muffins 1.50 each  
Large Assorted Muffins 3.50 each







# STUDENT EVENTS

Student only events. All selections are priced per person.  
(15 person minimum)

**Chips, Canned Soda/Bottled Water and Cookies are allotted at 1 each, per person**

## STUDENT HOT DOG BAR 10.00

Beef Hot Dog with Cheese, Onion, Mustard, Ketchup and Chili, Chips, Canned Soda/Bottled Water and Cookie.

## STUDENT SANDWICH PARTY 10.00

Your choice of Turkey or Ham Sandwich topped with American Cheese and served a Bag of Chips, choice of Canned Soda/Bottled Water and Cookie.

## STUDENT CHICKEN TENDERS AND FRIES 10.00

Fried Chicken Tenders and French Fries served with BBQ Sauce, Honey Mustard and Ketchup and Canned Soda/Bottled Water.

## STUDENT PIZZA PARTY 10.00

2 Slices of Pizza, Bag of Chips, Canned Soda/Bottled Water and Cookie.

## STUDENT SNACK PARTY 7.00

Chips or Pretzels served with choice of Dip or Chips and Salsa and Canned Soda/Bottled Water.

## STUDENT STIR FRY 12.50

Choose between Orange Chicken, General Tso's Chicken, Sweet and Sour Chicken or Vegetable Stir Fry (Limit of 2 options). Comes with either Rice or Noodles and 1 Spring Roll Per Person. Includes Chop Sticks, Soy Sauce and Duck Sauce.





## HOT APPETIZERS

(priced per piece)

Beef Wellingtons	4.50
Pot Stickers (Chicken or Pork)	1.50
Brie Raspberry Phyllo	3.75
BBQ Meatballs	1.25
Mini Sliders- (BBQ Pull Pork, Chicken, or Angus Beef)	3.00
Vegetable Spring Rolls	2.50
Traditional Chicken Wings (BBQ, Buffalo, Plain)	Market Price
Boneless Wings (BBQ, Buffalo)	2.00
Bacon Wrap Scallops	Market Price
Spanakopita	2.25
Shrimp Cocktail	1.75



## PIZZAS

(16" round whole pizzas)

Cheese	20.00
Pepperoni	22.00
Specialty Pizza	24.00
Gluten Free Pizza	28.00

## SOUPS

(Housemade from scratch soups - priced per person)



Tomato Basil	3.00
Vegetable Minestrone	3.00
Broccoli Cheddar	3.00
Chicken Noodle	4.00
Italian Wedding	4.00
Chicken Tortilla	4.00





# LUNCH

All selections are priced per person (15 person minimum)  
Drinks are not included in Buffet Pricing.

## EXECUTIVE DELI BUFFET

14.50

Build your own Deli Sandwich with Sliced Turkey, Ham, Roast Beef and Chicken Salad on Gourmet Breads with Assorted Cheese, Lettuce, Tomato and Pickle. Served with Pasta Salad, Fresh Cut Fruit and Assorted Bagged Chips.

## COUGAR GOURMET BOXED LUNCH

14.00

Your choice of a Gourmet Sandwich. (Limit of 3 sandwich varieties)

Choose from:

- Turkey on Ciabatta,
- Ham and Swiss on Ciabatta
- Roast Beef and Cheddar
- Italian Grinder
- Veggie Sub
- Dijon Chicken Salad

Served with Whole Fruit, Pasta Salad, Bag of Chips, Fresh Baked Cookie and Bottle of Water.

## CLASSIC DELI BUFFET

12.50

Build-Your-Own Deli Sandwich with sliced Turkey and Ham with Assorted Breads, Cheese, Lettuce, Tomato and Pickle. Served with Pasta Salad and Assorted Bagged Chips.

## COUGAR CLASSIC BOXED LUNCH

11.00

Your choice of a Classic Sandwich. (Limit of 3 sandwich varieties)

Choose from:

- |                 |              |
|-----------------|--------------|
| - Turkey        | - Veggie     |
| - Ham           | - Roast Beef |
| - Chicken Salad | - Egg Salad  |

Served with Whole Fruit, Bag of Chips, Fresh Baked Cookie and Bottle of Water.



## SALAD

### CLASSIC GARDEN

2.50 PER PERSON

Iceberg Lettuce, Julienne Carrot, Sliced Cucumber, Grape Tomato

### SEASONAL SPRING MIX

3.50 PER PERSON

Sunflower Seed, Feta Cheese And Cranberry

### CAESAR

4.00 PER PERSON

chopped romaine, shaved parmesan, and garlic croutons

DRESSINGS (choose two)

Ranch, Italian, Balsamic, Caesar, Sherry Vinaigrette, Honey Dijon

Add Grilled Chicken 3.00

Add Shrimp (2 per person) 4.00



## SUSHI

We have AFC Sushi Team on site making the sushi platters fresh daily.  
72 advanced notice required.

All platters come with an assortment of rolls including vegetarian options.

Sushi platters are not available during June, July and August.

### FRESH MADE SUSHI PLATTER

#### SMALL

100.00

70 Pieces | Serves 15-20 People

#### MEDIUM

200.00

140 Pieces | Serves 30-40 People

#### LARGE

300.00

240 Pieces | Serves 60-80 People





# COUGAR BUFFETS

All selections are priced per person (15 person minimum)

Drinks are not included in Buffet Pricing.

## ALL AMERICAN COOKOUT

18.00

Hamburgers, Grilled Chicken Breast and Veggie Burgers with American Cheese, Lettuce, Tomato, Pickles and Condiments. Served with Pasta Salad, Baked Beans and Chips.

## ITALIAN BUFFET

16.00

Hand Breaded Chicken Parmesan with Pasta and Marinara Sauce. Served with Seasonal Vegetables, Garlic Breadsticks and Salad with Dressings.

## ROASTED SALMON AND CHICKEN DINNER

24.00

Salmon with Roasted Red Pepper Sauce and Herb Marinated Chicken with Roasted Redskin potatoes, Seasonal Vegetables and Garden Salad with Dressing

## BBQ COOKOUT

18.00

Pulled Pork and Pulled Smoked Chicken served with Buns, Pickles, Baked Beans, Coleslaw and Cornbread.

## PASTA BAR

14.00

Pasta with Homemade Marinara and Alfredo Sauce. Served with Seasonal Salad, Dressings and Garlic Breadsticks.

Add Chicken 3.00 person

Add Sausage 3.00 person

Add Shrimp 5.00 person

## CHICKEN SOFT TACO BAR

15.00

Ancho Roasted Chicken served with Cilantro Lime Rice, Refried Beans, Tortilla Chips, Soft Taco Shells, Baja Sauce, Salsa, Sour Cream, Lettuce and Cheddar Cheese.

Add Seasoned Ground Beef 2.00 person

## BAKED POTATO BAR

14.00

Served with Grilled Chicken, Bacon Bits, Broccoli, Cheddar Cheese, Chili, Sour Cream and Butter.





## SMALL BITES & DESSERTS

### Trayed Options

Pricing is listed as Small (25-30), Medium (45-50) and Large (65-75) Trays

Assorted Cheese and Cracker Tray  
Vegetable Platter  
Fruit Platter  
Whole Fruit

Small/Medium/Large
65.00/90.00/130.00
65.00/90.00/130.00
65.00/90.00/130.00
1.50 per piece

### Snacks

Trail Mix Snacks (bowl)	20.00
Tortilla Chips with Guacamole (per person)	4.50
Hummus and Pita Chips (per person)	3.25
Tortilla Chips with Salsa (per person)	3.25
Individual Bags of Potato Chips (each)	1.60
Berry and Granola Vanilla Yogurt Parfait	3.75

### Sweets

Cookies - Small (per dozen)	12.00
Cookies - Large (per dozen)	30.00
Dessert Bars - Assorted (per dozen)	39.00
Brownies (per dozen)	18.00
Mini Cheesecakes - Assorted (each)	3.00
Granola Bars (each)	1.75
Candy Bars - Assorted (each)	1.95

### Cake

Full Sheet Cake - 60 pieces	125.00
Half Sheet Cake - 30 Pieces	70.00
Quarter Sheet Cake - 15 Pieces	45.00



## BEVERAGES

Iced Tea - Sweetened or Unsweetened (3 gallon)	30.00
Lemonade (Serves 30 People)	30.00
Infused Water (Serves 30 People)	12.00
Bottled Juices (each)	3.00
Canned Soda (each)	1.50
Bottled Water (each)	1.50



