## SLC Fresh 2023-2024 Catering Guide



## Welcome to SLC Fresh Catering

Welcome to SLC Fresh Catering. Whether you are planning a simple breakfast or an upscale luncheon, you will find all of our most popular menu selections in this guide. We pride ourselves on our ability to meet your needs with style and creativity, assuring the success of your event.

## Breakfast

## BREAKFAST BUFFETS

## Academic Continental Breakfast (V)

An assortment of freshly baked scones, muffins and bagels with cream cheese, butter and jelly accompanied by freshly brewed coffee, tea, orange juice and iced water

## Academic Continental Breakfast with Fruit (v)

An assortment of freshly baked scones, muffins and bagels with cream cheese, butter and jelly, sliced seasonal fruit and freshly brewed coffee, tea, orange juice and iced water

## Breakfast on the Run

A selection of breakfast sandwiches, Chobani yogurt cups, freshly brewed coffee, tea, orange juice and iced water

Sandwich selections: Bacon, Egg and Cheddar Croissant
(Please choose two) Turkey Bacon, Egg White, Spinach and Swiss Wrap Ham, Egg and Swiss English Muffin Sun-dried Tomato, Egg White and Pepper Jack Wheat Ciabatta (V)

## Yogurt Continental Breakfast (v)

An assortment of freshly baked scones, muffins and bagels with cream cheese, butter and jelly, Greek yogurt, granola and berry parfaits and freshly brewed coffee, tea, orange juice and iced water


## Breakfast

## BREAKFAST BUFFETS

## SLC Breakfast

An assortment of freshly baked scones, muffins and bagels with cream cheese, butter and jelly, choice of entrée, egg selection and two breakfast meats and freshly brewed coffee, tea, orange juice and iced water

| Entrée selections: | Buttermilk Pancakes (V) <br> Blueberry Pancakes (V) <br> Challah French Toast (V) |
| :--- | :--- |
| Egg selections: | Cage-free Scrambled Eggs (V) <br> Individual Egg Frittatas (V) |
| Breakfast meat selections: | Smoked Bacon <br> Country Sausage <br> Canadian Bacon |
|  | Turkey Bacon <br> Turkey Sausage |

## SLC Deluxe Breakfast

An assortment of freshly baked scones, muffins and bagels with cream cheese, butter and jelly, choice of entrée, egg selection and two breakfast meats and freshly brewed coffee, tea, orange juice and iced water

| Entrée selections: | Strawberry Mascarpone Stuffed Challah French Toast (V) <br> Challah French Toast with Caramelized Bananas (V) <br> Lemon-Ricotta Pancakes $(\mathrm{V})$ |
| :--- | :--- |
| Egg selections: | Cage-free Scrambled Eggs $(\mathrm{V})$ <br> Sun-dried Tomato and Goat Cheese Frittata (V) <br> Individually Baked Eggs with Spinach and Parmesan (V) <br> Asparagus and Fontina Quiche ( V ) |
| Breakfast meat selections:Maple Cured Bacon <br> Applewood Smoked Sausage <br> Turkey Bacon |  |

## Breakfast

## BREAKFAST À LA CARTE

Choose from our full selection of pastry items baked fresh daily or add delicious fruits and yogurts to your menu, conveniently offered a la carte
Assortment of fresh baked bagels (v) ..... 20.99
with cream cheese, butter and jelly ..... Per Dozen
Fresh Baked Muffins (v) (limit two selections) ..... 23.89
Choose from blueberry, bran, corn, cranberry, chocolate chip or banana nut ..... Per Dozen
Sweet Danish (V) (limit two selections) ..... 23.89
Choose from cherry, cheese, apricot or apple ..... Per Dozen
Flaky Croissants (v) ..... 19.39
Light and buttery and baked fresh daily ..... Per Dozen
Chocolate (V) or Almond Croissants (V)(N) ..... 23.89 ..... Per Dozen
Tea Breads ( V ) (serves 12 - 16 guests) ..... 29.89
Choose from marble, lemon poppy, blueberry or vanilla ..... Per Loaf
Hand Fruit (minimum order of 6) ..... 1.89 EA
Choose from apples, oranges or bananas; delivered fresh daily
Individual Greek Yogurt Cups (minimum order of 6) ..... 3.99 EA
Individual Greek Yogurt and Berry Parfaits (minimum order of 6) ..... 4.89 EA
Individually Packaged Granola Bars ..... 1.99 EA
Small Fruit Tray (serves 10) ..... 30.79 EA
Large Fruit Tray (serves 25) ..... 63.99 EA
Egg and Cheddar Quiche (v) (serves 6) ..... 20.99 EA
Egg, Ham and Swiss Quiche (v) (serves 6) ..... 23.89 EA
Egg, Roasted Vegetable and Asiago Quiche (v) (serves 6) ..... 22.49 EA

## Breakfast

## BREAKFAST À LA CARTE



## Lunch

## SANDWICHES AND WRAPS

## Classic Sandwiches and Wraps (limit three selections)

Sandwiches and wraps are served on a selection of fresh breads and wraps with house-made potato chips, pickles and fresh baked cookies and are complemented by fresh brewed iced tea or lemonade and iced water

## Sandwich and wrap selections:

Roast Beef and Cheddar, Smoked Ham and Swiss, Chicken Caesar, Albacore Tuna Salad, Chicken Salad, Roasted Vegetable and Hummus (V)

## Signature Selections (limit three selections)

Per Person
Sandwiches are served on a selection of fresh artisanal breads with house made potato chips, pickles and fresh baked cookies and are complimented by fresh brewed iced tea or lemonade and iced water

## Signature sandwich selections:

-Roast Beef, Caramelized Onions, Arugula and Bleu Cheese on Ciabatta Roll
-Ham, Swiss Cheese, Dijon Mustard and Tarragon Spread on Baguette
-Prosciutto, Hard Salami, Capicola, Provolone, Tomatoes and Olive Tapenade on Italian Bread
-House Roasted Turkey, Brie, Whole Grain Mustard, Tomatoes and Mixed Greens on Multigrain Roll
-Southwestern Turkey, Tomato, Greens and Avocado-Cilantro Spread on Baguette
-Grilled Chicken, Roasted Red Peppers, Fresh Mozzarella and Spinach on Ciabatta Roll
-Rotisserie Chicken, Cheddar, Spinach, Red Onions, Tomatoes and Chipotle Ranch on Kaiser
-Tarragon Chicken Salad with Granny Apples and Mixed Greens on Cranberry Walnut Bread (N)
-Albacore Tuna Salad with Capers, Lemon Aioli and Leaf Lettuce on Multigrain Bread
-Fresh Mozzarella, Roma Tomatoes and Fresh Basil and Garlic Aioli on Focaccia Bread (V)
-Cannellini Bean Mash with Garlic and Tahini, Roasted Peppers and Eggplant on Flatbread ( V )
-House Roasted Beets, Goat Cheese and Baby Spinach on Whole Wheat Roll (V)

## PARTY SUBS

## Three Foot Party Sub (serves 10-12)

83.99 EA

Fresh baked roll with house roasted meats, sliced cheeses and fresh toppings

## Six Foot Party Sub (serves 20 - 24)

## PARTY PIZZA

## Pizza Party (minimum order of 12)

## COFFEE

Coffee Service
Add hot coffee service to any sandwich or wrap order for only $\$ 2.69$ per person.
Add iced coffee service for only $\$ 2.09$ per person

## Lunch

## SALAD PLATTERS

Classic Caesar Salad (minimum order of 10)
13.49

Per Person
Romaine lettuce, parmesan cheese, garlic croutons, creamy Caesar dressing, rolls and butter, bakery fresh cookies, fresh brewed iced tea or lemonade and iced water

## Middle Eastern Salad (v) (minimum order of 12)

14.79

Per Person
Hummus, baba ganoush, mixed greens, feta cheese, Kalamata olives, cucumbers, tomatoes, lemon vinaigrette, pita chips, rolls and butter, bakery fresh cookies, fresh brewed iced tea or lemonade and iced water

## Asian Salad ( V ) ( N ) (minimum order of 12) <br> 14.79 <br> Per Person

Romaine lettuce, spinach, sesame soba noodles, orange segments, edamame, carrots, red peppers, toasted peanuts, citrus sesame vinaigrette, rolls and butter, bakery fresh cookies, fresh brewed iced tea or lemonade and iced water

## Southwestern Salad (v) (minimum order of 10)

14.79

Per Person
Romaine lettuce, black beans, roasted corn, grape tomatoes, green peppers, avocado, fresh cilantro, crispy tortilla strips, chipotle-lime vinaigrette, rolls and butter, bakery fresh cookies, fresh brewed iced tea or lemonade and iced water

## Harvest Salad ( V ) ( N ) (minimum order of 10)

Mixed greens, grilled sweet potatoes, dried cranberries, goat cheese, toasted almonds, cucumbers, balsamic vinaigrette, rolls and butter, bakery fresh cookies, fresh brewed iced tea or lemonade and iced water

## Vegetarian Antipasto Salad (v) (minimum order of 12)

14.79

Per Person
Fresh mozzarella, roasted red peppers, grilled eggplant, marinated artichokes, tomatoes, mushrooms, pepperoncini, balsamic vinaigrette, focaccia bread, bakery fresh cookies, fresh brewed iced tea or lemonade and iced water

## SALAD PLATTER ADDITIONS

Grilled Seasoned Tofu \& Vegetables (v) ..... 3.59
Grilled Marinated Chicken ..... 3.59
Marinated Flank Steak ..... 4.79
Grilled Shrimp ..... 6.09

## Lunch

## HANDCRAFTED SOUPS

Featured Daily Soups (serves 12 -16)
35.99 EA

Choose from today's soup selections crafted in the Bates kitchen, menu available at www.aviserves.com/slc

Hand Crafted Soups (serves 12 - 16)
45.59 EA

Our handcrafted soups are prepared daily and come accompanied by rolls and butter and crackers

Soup selections:
Classic Chicken Noodle, Turkey Chili, French Onion, Garden Vegetable (V), Tomato Basil (V), Roasted Butternut Squash (V), New England Clam Chowder

## BOXED LUNCHES

Your choice of:
House Roasted Turkey, Provolone, Green Leaf Lettuce and Tomato Smoked Ham, Swiss, Green Leaf Lettuce and Tomato Roasted Vegetables, Garlic Hummus, Mixed Greens and Tomato On a Kaiser Roll or in a Wheat Tortilla, served with Fruit, Cookies, Chips and Bottled Water

| LUNCH A LA CARTE |  |
| :---: | :---: |
| Hand Fruit (v) (minimum order of 6) | 1.89 EA |
| Choose from apples, oranges or bananas; delivered fresh daily |  |
| Small Fruit Tray (serves 10) | 30.79 EA |
| Large Fruit Tray (serves 25) | 63.99 EA |
| Dijon Herb Potato Salad (v) (minimum order of 6) | 3.09 Per Person |
| Classic Garden Salad with Choice of Dressing (v) (minimum order of 6) | 3.09 Per Person |
| Classic Caesar Salad (minimum order of 6) | 3.09 Per Person |
| Pesto Pasta Salad with Tomatoes (V) (minimum order of 6) | 3.39 Per Person |
| Quinoa, Sweet Pepper and Cranberry Salad (v) (minimum order of 12) | 3.39 Per Person |
| Edamame, Black Bean and Corn Salad (VE) (minimum order of 12) | 3.39 Per Person |
| Faro, Apple and Toasted Pecan Salad (VE) (N) (minimum order of 12) | 3.39 Per Person |
| Miniature Sandwich Assortment (minimum order of 12) | 10.19 Per Person |
| Roast Beef and Boursin with Caramelized Onions, Tarragon Chicken Salad, Curried Egg Salad and Lemon Hummus with Kalamata Olives and Cucumbers all served on artisan Breads |  |

## Lunch

DESSERTS
Fresh Baked Cookies (v)
Choose from chocolate chip, oatmeal raisin, sugar or double chocolate chip Chocolate Fudge Brownies (v) 16.69 Per Dozen
19.89 Per Dozen

Blondie Brownies (v)
19.89 Per Dozen

Hand Crafted Gourmet Brownies (v) (N)
23.89 Per Dozen

Lemon Bars ( V )
23.89 Per Dozen

Chef's Choice Dessert Bars (v) (N)
23.89 Per Dozen

Bakery Fresh Cupcakes (v)
20.39 Per Dozen

Bakery Fresh Mini Cupcakes (v)
20.99 Per Two Dozen

Individual Fruit Topped Cheesecake (v)
4.79 EA

Chef's Choice Individual Dessert (V) (N)
4.79 EA


## Lunch and Dinner Buffets

## SPECIALTY BUFFETS

## Asian Buffet (minimum order of 15)

16.69

Per Person
Vegetable spring rolls with sweet chili sauce, sesame soba vegetable salad, ginger soy marinated grilled chicken, tofu and vegetable stir fry, coconut rice, fortune cookies and fresh baked cookies, fresh brewed iced tea or lemonade and iced water

## Mexican Fiesta Buffet (minimum order of 15)

With Guacamole
14.19

Per Person
Grilled chicken, black beans, peppers and onions, cilantro rice, pico de gallo, sour cream, $\quad 16.79$ shredded cheese, lettuce, salsa, tortilla chips, soft and crunchy taco shells, tres leches Per Person cupcakes, fresh brewed iced tea or lemonade and iced water

## Greek Buffet (minimum order of 15)

Greek salad with feta cheese, Kalamata olives, cucumbers, tomatoes, red onions, romaine lettuce, lemon oregano vinaigrette, lemon cumin marinated chicken, falafel, pita, hummus, tzatziki sauce, confetti couscous, lemon bars, fresh brewed iced tea or lemonade and iced water

## Taste of Bombay (minimum order of 15)

16.79

Cucumber raita, tandoori chicken, chana masala, basmati rice, naan bread, rice pudding, fresh brewed iced tea or lemonade and iced water

## Little Italy Buffet (minimum order of 15)

17.79

Per Person
Classic Caesar salad or garden salad with balsamic vinaigrette, roasted vegetables, focaccia bread, mini cannoli and your choice of two Italian entrees, fresh brewed iced tea or lemonade and iced water

Entrée selections: Italian Meats Lasagna
Roasted Vegetable White Lasagna
Zucchini Red Lasagna (VE)
Spaghetti and Meatballs
Chicken Parmesan and Pasta
Seared Chicken with Lemon Caper Sauce
Chicken Mushroom Marsala

## All American Comfort Buffet (minimum order of 15)

18.59

Per Person
Mixed greens salad with balsamic vinaigrette, crispy southern fried chicken, barbecue pulled pork, three cheese macaroni, corn on the cob, corn bread and honey butter, chocolate chip cookies, sweetened iced tea or lemonade and iced water

## Break Options

## SWEET OPTIONS

Ice Cream Social ( V ) ( N ) (minimum order of 24)
9.59

Per Person
A build your own ice cream sundae buffet with choice of two classic flavors and lots of toppings accompanied by iced tea or lemonade and iced water, choose from vanilla, chocolate, strawberry and cookies and cream

Ice Cream Novelties ( V ) ( N ) (minimum order of 24)
4.89

Per Person
An assortment of classic items and today's best sellers accompanied by iced tea or lemonade and iced water

Cookies and Brownies ( V ) (minimum order of 6)
4.59

Per Person
Our fresh baked cookies and brownies accompanied by iced tea or lemonade and iced water
Cookies and Coffee $\left(\mathrm{v}\right.$ ) (minimum order of 6) $\begin{array}{r}4.89\end{array}$
Our fresh baked cookies and brownies accompanied by freshly brewed coffee
Afternoon Tea ( V ) (minimum order of 12) $\begin{array}{r}5.19 \\ \hline\end{array}$
Miniature scones with Chantilly cream and jam, miniature shortbread cookies, assorted chef's choice finger sandwiches, black, green and herbal teas accompanied with lemon, honey and milk

Bars and Brownies ( V ) (minimum order of 12)
2.39

Per Person
Bar and brownie selections:
(Please choose three)
Lemon Bars, Apple Streusel Bars, Fudge Brownies, Blond Brownies, Cheesecake Brownies, Coconut Magic Bars
Fresh Baked Cookies (v) ..... 16.79Per DozenChoose from chocolate chip, oatmeal raisin, sugar or double chocolate chipHand Fruit (minimum order of 6)1.89 EAChoose from apples, oranges or bananas; delivered fresh dailyFruit Kabobs ( V ) (minimum order of 12)4.79
Melon, pineapple and berries with honey yogurt dip
Small Fruit Tray (serves 10) ..... 30.79 EA
Large Fruit Tray (serves 25) ..... 63.99 EA

## Break Options

## SAVORY OPTIONS

Cheese Board ( V ) (minimum order of 12)
Domestic cheese assortment, crackers, baguette slices and fresh sliced fruit accompanied by iced tea or lemonade and iced water

Vegetable Crudités with Hummus or Dip (VE) (minimum order of 12)
Per Person
Small Vegetable Tray (serves 12)
38.29 EA

Large Vegetable Tray (serves 30)
76.59 EA

## House Chips

Small: 18.19 (serves 12), Large 32.19 (serves 30)

## Break Beverages

Freshly brewed Double Barrel regular and decaf coffee and Bigelow teas

Orange, Apple or Cranberry Juice

Fresh Brewed Iced Tea
2.09

Per Person
Choose from regular, peach or raspberry
Canned Beverages by Coca Cola
2.09

Per Person
San Pellegrino
4.99

Per Bottle
Fruit Infused Water (serves 20)
22.29 EA


## Receptions

| All hors d'oeuvres are sold by the piece. It is our chef's recommendation that you plan three to four hors d'oeuvres per person for a stand-alone event and two to three hors d'oeuvres per person for an event that also includes a meal. Hors d'oeuvres must be ordered in a minimum quantity of forty eight per variety. |  |
| :---: | :---: |
| HOT HORS D'OEUVRES |  |
| Italian Meatball and Basil Skewer | 2.39 EA |
| Atlantic Salmon Cake with Dill Lemon Aioli | 2.99 EA |
| Sweet Potato Cake with Apple Chutney (V) | 2.39 EA |
| Sun-dried Tomato and Mozzarella Arancini (V) | 2.39 EA |
| Pistachio Crusted Chicken with Meyer Lemon Stilton (N) | 3.69 EA |
| Vegetable Spring Roll with Thai Sauce (V) | 2.39 EA |
| Beef Satay with Korean BBQ Sauce | 3.09 EA |
| Beef Empanada | 3.09 EA |
| Potato and Pea Samosas (V) | 2.39 EA |
| Buffalo Chicken Spring Roll with Bleu Cheese | 2.99 EA |
| Maryland Crab Cake with Remoulade Sauce | 3.59 EA |
| BBQ Pulled Pork on Corn Cake | 2.99 EA |
| Falafel with Hummus and Pickled Red Cabbage (V) | 2.19 EA |
| Pomegranate Chicken with Pistachios (N) | 3.09 EA |
| Miniature Beef Wellington | 3.89 EA |

## COLD HORS D'OEUVRES

| Fresh Mozzarella and Basil Skewer with Balsamic Reduction $(\mathrm{V})$ | 2.39 EA |
| :--- | ---: |
| Indian Chicken Curry Tartlet | 2.89 EA |
| Spicy Sesame Tuna on Rice Crisp | 3.39 EA |
| California Sushi Roll with Wasabi (VE) | 2.89 EA |
| Vegetable Sushi Roll with Wasabi (VE) | 2.89 EA |
| Crab and Avocado Salad on Corn Crisps | 3.39 EA |
| Jumbo Shrimp Skewer with Bloody Mary Sauce | 4.59 EA |
| Parmesan and Rosemary Shortbread with Roasted Tomatoes and Feta (V) | 2.39 EA |
| Balsamic Fig Bruschetta with Bleu Cheese and Mascarpone (v) | 2.49 EA |



## Displays

Asian Dim Sum (minimum order of 25) ..... 10.69
Chicken pot stickers, shrimp shumai, chicken satay, vegetable dumplings, vegetable spring rolls and Asian sauce compliments
Sushi Assortment (minimum order of 60) ..... 15.19
Per Person
Each assortment includes spicy tuna roll, salmon and cucumber roll, California roll, shrimp roll, tuna and avocado roll, vegetable roll, seaweed salad and Asian saucesMiddle Eastern Metza (minimum order of 20)6.89
Kefir Lime Chicken Kabobs (minimum order of 20) ..... 3.19
Per Person
Za'ater vegetables, feta cheese, rosemary and orange olives, hummus or baba ganoush, pita, celery and carrots
Miniature Sandwich Assortment (minimum order of 12) ..... 10.19
Per Person
Roast beef and boursin with caramelized onions, tarragon chicken salad, curried egg salad and lemon hummus with Kalamata olives and cucumbers all served on artisan breads
Chips and Dips ( V ) (minimum order of 20) ..... 6.99
Per PersonCorn tortilla chips served with chipotle salsa, pico de gallo, corn and black bean salsa,sour cream and our hand crafted guacamole
Spinach and Artichoke Dip (v) (minimum order of 12) ..... 4.09Fresh spinach and artichokes with blended cheeses, toasted pita points and sliced baguette
Domestic Cheese Display (v) (minimum order of 20) ..... 5.19
Per PersonDomestic and New York cheeses served with crackers, flatbreads and fresh fruit garnish5.09Per PersonFresh sliced fruit featuring melons, berries, pineapple and tropical selections
Seasonal Fresh Crudités Display (VE) (minimum order of 20) ..... 4.99
Per PersonFresh cut vegetables with choice of lemon hummus, herb yogurt dip orcucumber garlic yogurt dipGrilled Vegetable Display ( V ) (minimum order of 20)5.19Eggplant, red peppers, red onions, zucchini and tomatoes with balsamic reductionand complemented by focaccia bread
Chef Jordan's Miniature Dessert Display (v) (N) (minimum order of 20)8.99

## Reception Beverages

Freshly brewed Double Barrel regular and decaf coffee and Bigelow teas

Fresh Brewed Iced Tea
Choose from regular, peach or raspberry
Hand Crafted Mint Lemonade

Sparkling Citrus Punch

Canned Beverages by Coca Cola

## San Pellegrino



## Dinner

Full dinner service includes house salad, entrée, chef's seasonal starch and vegetable, rolls and butter, dessert selection and coffee and tea service. Additional charges may apply for linen, china and waitstaff.

## PLATED DINNERS

EntréesPoultry selections:Roasted French Cut Chicken GlazedMP
with Pomegranate Reduction and Rosemary au jus
Seared Chicken ..... MP
topped with Sun-dried Tomato, Wild Mushroom and Marsala Wine Sauce
Pistachio Crusted Chicken ..... MP
with Lemoncello Demi Glaze and Crispy Lemon Chips (N)
Oven Roasted Breast of Duck ..... MP
with Dried Cherry and Thyme Sauce
Fish selections:
Roasted Mustard Seed Crusted Salmon ..... MP
with Chardonnay Sauce
Cedar Plank Arctic Char ..... MP
with Orange and Fennel
Filet of Lemon Sole
Stuffed with Spinach and Shallots ..... MP
Miso Glazed Cod ..... MPwith Carrot Ginger Broth
Beef and Lamb selections:
Barolo Braised Short Ribs ..... MP
with Frizzled Leeks
Grilled Marinated Flat Iron Steaks ..... MP
with Mango Salsa
Filet of Beef ..... MP
with Cabernet Reduction
Porcini Dusted Rack of Lamb ..... MPwith Zinfandel Reduction
Vegetarian selections:
Rosemary Skewered Grilled Vegetables ..... MP
over Wilted Spinach (V)
Fennel and Seitan Stuffed Portobello Mushroom (v) ..... MP
Ricotta and Mascarpone Ravioli ..... MP
with Savory Lemon Sauce and Toasted Nuts (V) (N)

# DESSERTS <br> Fresh Berries with Tahitian Vanilla Zabaglione and Fresh Mint (V) <br> Lavender Crème Brulee (V) <br> Flourless Chocolate Cake with Red Raspberries and Chocolate Crisp (V) <br> Classic New York Cheesecake with Blueberry Sauce (V) <br> Banana Bread Pudding with Bourbon Cream and Banana Chip Garnish (V) 

Guide indicator key
(V) Vegetarian (VE) Vegan (N) Contains Nuts

Gluten-free and vegan options are available for a nominal fee.
Please mention your specific needs when placing your order.
Looking to make your event even more special? Specialty linens, china service, chef accompanied action station, bar service and customized menus are only a few of the other services we provide. Whether a small meeting or a family celebration, no event is too big or small for the finest of details and we are happy to help you create a long lasting memory.

SLC Fresh Catering
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